



WWW.STAMPOUTPARKINSONS.ORG

CELEBRATING 15 YEARS

**what you helped us do...**

- Improve access to physical therapy, social supports and education for people with Parkinson's and their care-partners.
- Advance innovative Parkinson's research and treatment therapies from world renowned local institutions.
- Provide comprehensive and integrated approaches to quality of life services, including home visits, exercise programs and support groups.

**about the parkinson council**

The Parkinson Council is committed to supporting anyone impacted by Parkinson's disease in the Delaware Valley. The resources we provide through our regional fundraising efforts allow us to make direct investments in local partner organizations to support research, education, treatment, and services.

[www.theparkinsoncouncil.org](http://www.theparkinsoncouncil.org)

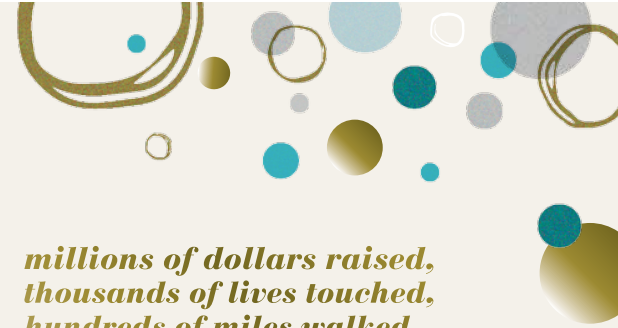


THE PARKINSON COUNCIL  
**A WALK TO  
 STAMP  
 OUT**  
**PARKINSON'S**  
 CELEBRATING 15 YEARS

the parkinson council  
your local partner in the movement against parkinson's disease

111 presidential blvd., suite 141  
 bala cymwyd, pa 19004

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*millions of dollars raised,  
 thousands of lives touched,  
 hundreds of miles walked...  
 and it all begins with YOU!*

CELEBRATING 15 YEARS

A WALK TO  
**STAMP OUT**  
 PARKINSON'S

SATURDAY,  
**OCT 8**

*MLK/West River Drive in Philadelphia  
 7:30 am - 11:00 am  
 a gentle 3-mile walk*

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JOIN THE LARGEST COMMUNITY EVENT IN THE GREATER PHILADELPHIA REGION  
SUPPORTING PEOPLE WITH PARKINSON'S DISEASE, THEIR CARE-PARTNERS AND FAMILIES.

**PRE-REGISTRATION IS FREE!** Go to [www.stampoutparkinsons.org](http://www.stampoutparkinsons.org) to register, start a team or make a donation! Set a goal of raising \$100 or more to receive an official walk t-shirt. New this year, on-site registration is \$25 per walker.

RETURNING Team Captains, participants and donors can login to their PARTICIPANT CENTER to get started. NEW Team Captains and participants need to set up a new account on [www.stampoutparkinsons.org](http://www.stampoutparkinsons.org). Your friends at The Parkinson Council are happy to work with you to set up your new page. Once you have registered, you will gain access to TOOLS to help you connect with family and friends to reach your fundraising goal. You will have your OWN WALK WEBPAGE to personalize and share via social media as well as track your fundraising progress.

Contact The Parkinson Council at 610.668.4292 or email [walk@theparkinsoncouncil.org](mailto:walk@theparkinsoncouncil.org) to learn about sponsorship, corporate team and volunteer opportunities.

When your team raises \$1,500 or more, your team will join the Champions' Circle and your team name will be listed on the official A Walk to Stamp Out Parkinson's T-shirts distributed to all participants.

Nancy's Walkers



## SCHEDULE OF EVENTS

REGISTRATION: 7:30AM | WALK KICK-OFF: 8:15AM  
MOVEMENT CENTRAL: 8:30AM TO 10:30AM  
WALK: 8:30AM TO 10:30 AM  
CELEBRATION 10:30AM TO 11AM

### KEEP IN TOUCH ON SOCIAL MEDIA

FACEBOOK.COM/THEPARKINSONCOUNCIL // TWITTER.COM/PARKINSONPHL  
INSTAGRAM.COM/THEPARKINSONCOUNCIL // SNAPCHAT: PARKCOUNCIL  
USE #STAMPOUTPARKINSONS



Meet our Co-Chairs and Chet's Clique Team Members Nicole Michalik (MIX 106 and QJ02 On-Air Personality) and her father John "Chet" Michalik and our Honorary Chair, David Murphy, 6abc Meteorologist



*Honorary Walk Chair*  
**David Murphy,**  
6ABC Meteorologist

David Murphy is the weekday meteorologist for 6abc Action News Mornings and Action News at Noon. David is involved with several local charities and has been supporting The Parkinson Council for nearly a decade.



*Walk Co-Chairs*  
**Nicole Michalik**  
**John "Chet" Michalik**

Nicole Michalik is a social media expert and that voice you've heard on QJ02, Mix 106 and B104. She lives in Philadelphia. John "Chet" Michalik, the best Dad in the world, has lived with PD for more than 20 years.

## thank you to our sponsors

### PRESENTING SPONSOR



## WALKER REGISTRATION FORM

Please complete one form per walker with their contact information or register online at [stampoutparkinsons.org](http://stampoutparkinsons.org).

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Email\* \_\_\_\_\_  
Phone \_\_\_\_\_

\*to send you a confirmation of your registration

Waiver: As a participant in A Walk to Stamp Out Parkinson's, I agree to release all claims or demands against The Parkinson Council, sponsors or any personnel for any injury I might suffer at this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature (If under 18, Parents need to sign.) \_\_\_\_\_

### DONATIONS:

I would like to make a donation in the amount of \$ \_\_\_\_\_

- In support of team
- In support of walker
- In honor of
- In memory of

### PAYMENT: (please only check one box)

- Please find my check enclosed. Make checks payable to **The Parkinson Council**
- Please charge my: Visa MC AMEX DISCOVER (circle one)

Card number \_\_\_\_\_

Exp. date \_\_\_\_\_

Name as it appears on the card \_\_\_\_\_

Billing address (if different than above) \_\_\_\_\_

THE PARKINSON COUNCIL / 111 PRESIDENTIAL BLVD., SUITE 141, BALA CYNWYD, PA 19004

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